

Variable	Mean	SD	Min	Max	Skewness	Kurtosis	Normality
Age	35.5	10.5	20	65	-0.1	3.2	0.98
Gender	1.2	0.4	1	2	0.1	3.1	0.99
Marital Status	1.5	0.5	1	3	0.2	3.3	0.97
Education	12.5	2.5	9	16	-0.2	3.4	0.96
Income	1500	500	500	3000	0.3	3.5	0.95
Occupation	1.8	0.6	1	3	0.1	3.2	0.98
Health Status	1.2	0.4	1	2	0.1	3.1	0.99
Stress Level	2.5	1.0	1	4	0.2	3.3	0.97
Life Satisfaction	3.5	1.5	1	5	-0.1	3.2	0.98
Resilience	2.8	1.2	1	4	0.1	3.1	0.99
Optimism	3.2	1.4	1	5	-0.1	3.2	0.98
Emotional Stability	2.9	1.1	1	4	0.1	3.1	0.99
Self-Esteem	3.1	1.3	1	5	-0.1	3.2	0.98
Life Satisfaction	3.5	1.5	1	5	-0.1	3.2	0.98
Resilience	2.8	1.2	1	4	0.1	3.1	0.99
Optimism	3.2	1.4	1	5	-0.1	3.2	0.98
Emotional Stability	2.9	1.1	1	4	0.1	3.1	0.99
Self-Esteem	3.1	1.3	1	5	-0.1	3.2	0.98

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